

Personal Training Contract

Client's Name _____ Home Phone _____

Cell Phone _____ Mailing Address _____

City _____ State _____ Zip _____ Email: _____

The above named individual hereby contracts with

Trainer _____

Address: 1051 West El Norte Parkway Apartment #94, Escondido, CA 92026

Cell Phone _____ E-mail _____

Commitment: Client agrees to the following time(s) for workout(s) with the trainer:

Total Contract for: _____

In consideration for the above named services, a fee of \$ _____ per session will be collected prior to each session, or a total of \$ _____ for _____ sessions will be collected on _____.

Cancellation Policy:

In an emergency the trainer may reschedule planned workouts, in which case a make-up session will be scheduled. If less than 24 hours notice is given, client will receive one free session. If the trainer is tardy or overscheduled and must leave the session early, the fee for the session will reflect the reduced time.

The client will be charged full price for sessions cancelled by the client with less than 24 hours notice. Sessions will be rescheduled at the trainer's discretion. The client's late arrival for, or early departure from a scheduled workout will not reduce the fee.

As the client, I agree to the above details, and understand that the above times scheduled with my trainer have been reserved for me. I have filled out and signed a Micheal Zerbato Liability waiver, and have clearly stated my personal goals and limitations in order to ensure an accurate exercise prescription.

Client's Signature

Date

As the trainer, I have read the above contract and attached health waiver, and agree to set aside the specified times for my client. I will evaluate my client's health waiver and personal goals and use my professional training and skill to assist my client in the transition toward their desired health and fitness goals.

Trainer's Signature

Date

